

# 2017 Cheer Tryouts Frequently Asked Questions

**VIDEO: How to prepare for tryouts**

## **Timeline:**

### **• Day 1: Saturday, April 1, 2017**

- 3:00pm – 4:00pm: Registration
- 4:30pm – 7:00pm: Round One
- 7:30pm – 8:30pm: Round Two
- 9:00pm – 10:30pm: Round Three
- Location: Houston Methodist Training Center

### **• Day 2: Sunday, April 2, 2017**

- Interviews
- Time and Location TBD

## **When are finals?**

- Thursday, April 13, 2017

## **When are final practices?**

- April 4-6 and April 10-12, 7-10pm

**Please note, there will be additional mandatory dates for team meetings if you make the team (no exceptions), but the dates are currently TBD.**

## **Requirements:**

- Must be 18 years of age by April 2, 2017 (no exceptions). There is no limit for maximum age.
- Must have a high school diploma or G.E.D.
- Must at least have a part-time job or be a part-time student or be a full-time mom.
- No height or weight requirements, but you must be in good physical condition.

## **Time Commitment:**

- Rehearsals are usually 9 hours each week. Typically Monday, Tuesday, Thursday, 7pm-10pm
- During the season, the time commitment is around 16 hours per week, including games
- Cheerleaders are also required to do 50 appearances each year
- Most of our team members are full-time students, full-time mothers, or have full-time jobs
- Being a Houston Texans Cheerleader is not a full-time job, although Cheerleaders are paid on an hourly-rate basis for appearances, rehearsals, gamedays, and all other hours worked.

## **Audition Attire:**

- Wear dance friendly shoes (tennis shoes recommended)
- Dance hot pants or briefs (no thongs)
- Midriff top
- Hair & makeup need to be performance quality (no ponytails)

## **What to Bring:**

- Current photo, any size (will not be returned)
- Completed Waiver (you will receive this via email a few days prior to tryouts)
- Valid photo ID
- Water, dry snacks, mirrors, blankets
- Prohibited items: messy food, bobby pins, safety pins, gum, sunflower seeds

**Can my family come and watch auditions?**

- No. Auditions are closed to the public. But you can watch the tryouts live online only on HoustonTexans.com

**What will the judges be looking for?**

- Appearance, Dance Ability, Showmanship, Poise, Personality, Attitude, Work Ethic, Education, and Future Goals

**Do current team members have to re-audition?**

- Yes, all members must go through the audition process each season and are not guaranteed a place on the team

**What can I do to prepare for auditions?**

- Dance! Call your local dance studio and ask about technique and choreography classes
- Work on stretching, kicks, turns, and choreography. You can even join a funk aerobics class
- You need to be able to pick up choreography fairly quickly and feel comfortable performing for the judges
- Work out!

**Recommended:****Tryout Clinic:**

- The Real Deal Workshop - Houston
- <http://www.realdealworkshop.com/>

**Appearance:**

- Makeup applications/lessons: [Chelsea Teran](#)
- Hair:
- Tristen at Alex Burton Salon, 6100 Westheimer Rd, Suite 142A, Houston, TX 77057
- [Josephine's Day Spa and Salon](#) on Eldridge (281-870-0083), in Pearland (713-433-8885), and Rice Village (281-768-8375)
- Vanity Salon: 5791 San Felipe, Houston, TX 77057; Phone: 713-783-0111
- Relaxers and Extensions: Ella; Cell: 713-898-6748